

CALORIE COUNT OF POPULAR PET TREATS

<u>COMMERCIAL DOG TREATS</u>	<u>CALORIES PER PIECE</u>	<u>OTHER "TREATS"</u>	<u>CALORIES PER PIECE</u>
Alpo Al's Grill Treats	30	Apple (1 medium)	80
Alpo Biscuits	30	Banana (1 medium)	101
Alpo Variety Snaps	20	Beef, Lean (1 oz)	64
Appawtizers, Beggin Littles	7	Bouillon (1 cube)	5
Appawtizers, T-Bonz Minis	12	Carrots (1 medium)	21
Beggin' Chew Large	672	Cauliflower (1/4 cup)	6
Beggin' Chew Sm/Med	336	Chicken, Lean (1 oz)	52
Beggin' Strips Brand Dog Snack	40	Cottage Cheese (1 oz)	30
Beggin' Wraps	18	Cucumbers (1/4 cup)	5
Bil-Jac Liver Treats	8	Egg (1 large)	81
Busy Bone Chew Large	732	Green Beans (1/4 cup)	9
Busy Bone Chew Sm/Med	366	Green Peppers (1 medium)	14
Busy Bone Dental, Large	443	Melon (1/4 cup)	12
Busy Bone Dental, Sm/Med	277	Popcorn, Air Popped (1/2 cup)	22
CET Chews		Pumpkin, Canned (1/4 cup)	20
Petite	20	Rice (1/2 cup)	83
Medium	32	Rice Cake, Plain	40
Large	64	Tuna, in canned water (1 oz)	36
XLarge	124	Turkey Breast, Lean (1 oz)	50
Chew-rific brand Dog Biscuits	31		
Chew-eez Chew Strips	60		
Chew-eez Rolls Large	211		
Chew-eez Rolls Small	171		
Fiber Formula	25		
Milk Bone, Large	115		
Nutro Max Mini Bones	19		
ONE Biscuits	37		
ProPlan Brand Dog Snacks	35		
Pup-Peroni	20		
Purina One Beef Jerky Strips	37		
PVD Gentle Snackers	14		
PVD Lite Biscuits	27		
Snausages	33		
T Bonz	41		
T Bonz Minis	18		
T Bonz Brand Dog Snacks (reg. size)	45		
T Bonz Brand Dog Snacks (tiny)	19		
Vitamins	10		
Pig's Ear	182		
			<u>CALORIES PER PIECE</u>
		<u>OTHER COMMONLY FED ITEMS</u>	
		McDonald's Cheeseburger	330
		McDonald's Hamburger	280
		McDonald's Small French Fry	250
		McDonald's 4 piece McNugget	170
		1 Cup 2% Milk	122
		Bacon Slice (varies on thickness)	40 - 90
		Cheese Slice - American	102
		Peanut Butter (1 tbsp)	81
		1 Slice Bologna	87
		Zucchini (1/4 cup)	5
		<u>COMMERCIAL CAT TREATS</u>	<u>CALORIES PER PIECE</u>
		Aquari-Yums	2
		Friskies Cat Treats	3
		Friskies Hairball	2
		Vitamins	8
		Whisker Lickin's Brand Cat Treats	3